"The more we let God take us over, the more truly ourselves we become."

— C.S. Lewis

"When Christ calls a man, he bids him come and die."

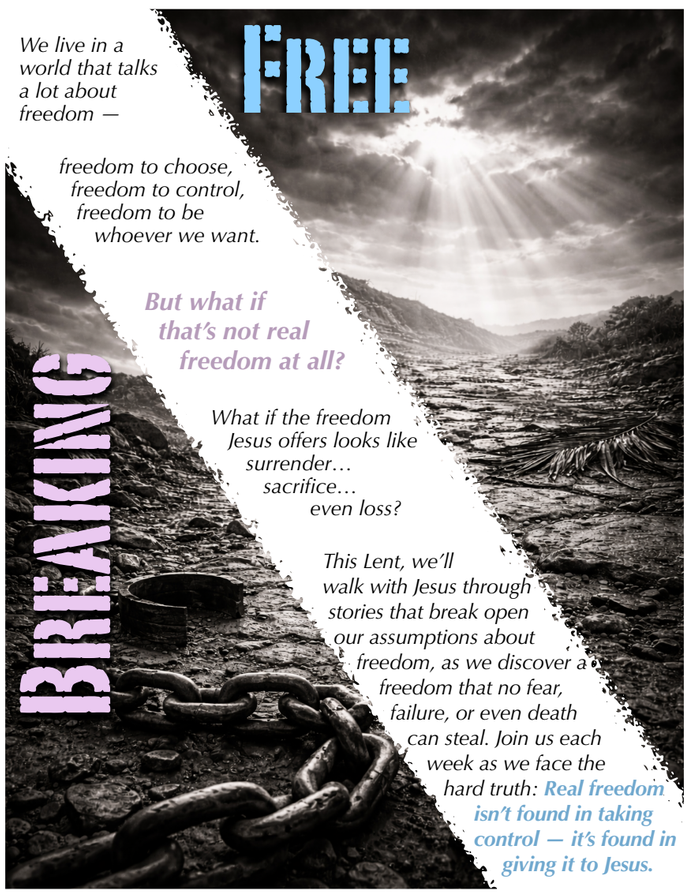
— Dietrich Bonhoeffer

"I really only love God as much as I love the person I love the least."

— Dorothy Day

A Lenten Worship Series through the Gospel of Luke

February 22 - April 5, 2026



We live in a world that talks a lot about freedom —

freedom to choose, freedom to control, freedom to be whoever we want.

But what if that's not real freedom at all?

What if the freedom Jesus offers looks like surrender… sacrifice… even loss?

This Lent, we'll walk with Jesus through stories that break open our assumptions about freedom, as we discover a freedom that no fear, failure, or even death can steal. Join us each week as we face the hard truth: ***Real freedom isn't found in taking control — it's found in giving it to Jesus.***

If you have a prayer request, please forward the request to the church office.
We will include it on the prayer request list for a month,
unless you request for us to leave it on longer.

Thanks to our Choir for leading music this morning!

SECOND PRESBYTERIAN CHURCH

How to reach us:
7305 Hampton Boulevard,
Norfolk, VA 23505 (757) 423-2822
https://spcnorfolk.org
www.facebook.com/secondpresbyteriannorfolk

Office hours:
Tuesday, Wednesday and Thursday:
10:30 AM to 1:30 PM
Sunday:
9:30 AM to 12:30 PM

Staff

Dr. Craig Wansink, *Senior Pastor*	757-412-7467/cwansink@vwu.edu
Rev. Catherine Hart Monroe, *Covenant Associate Pastor*	757-287-9897/revcat@spcnorfolk.org
Rev. Nancy Rowland, *Parish Associate*	302-354-5880/rowlandnancy73@gmail.com
Robert Shoup, *Director of Music*	757-739-9444/robertshoup@mac.com
Jo Kolb, *Director of Administration and Family Ministries*	757-406-0879/jokolb@spcnorfolk.org
Tom Libbey, *Facility Manager*	
Joe Morgan, *Maintenance Specialist*	
Heather Libbey, *Hostess*	

Mission Partners and Liaisons

***Local*: HUNGER & HOMELESSNESS**

ForKids
Chuck Monroe
St. Columba
Alice Allen-Grimes
LAUNCH Ministry
Joe Morgan
The Norfolk Street Choir Project
Rich Voter

***Local*: OUTREACH & INCLUSION**

YOURS
Larry Hull
Tidewater Pastoral Counseling Services
Catherine Hart Monroe

INTERNATIONAL

Ben Seidl in Germany
Craig Wansink
The Jungs in Singapore
Roz Klein and Larry Hull
Our Partners in M.E.
Jonathan Doyle

2025 Session and Ministry Teams

Larry Hull, *Clerk of Session*

DISCIPLESHIP

Emily Byrd, *Chair*
Aaron Hatten
Peggy Haile McPhillips
Meg McWhirter
Linda Parks

MISSION

Jonathan Doyle, *Chair*
Alice Allen-Grimes
Rich Voter

ADMINISTRATION

Tom Baragona
Lori Crouch
Chris Siemering
Sam Stearns, *Chair*

11 A.M. WORSHIP

MARCH 8, 2026

LENT

FREE TO LOSE

SECOND PRESBYTERIAN CHURCH

We Gather In Need of the Risen Christ

Chiming

As the bells ring, we quiet our voices and focus our hearts.

Welcome and Passing the Peace

Preparing our Hearts for Worship

*Opening Prayer

Faithful God, we come wanting a meaningful life
without losing comfort, reputation, or control.
You know how tightly we cling to what feels safe.
Loosen our grip, not to punish us, but to free us.
Amen.

*Singing Our Faith Together

No. 527 "Come Away from Rush and Hurry"

Please be seated.

Confessing Our Sin

Merciful God, we confess that we cling to identities, relationships,
and habits that keep us from moving forward.
We delay obedience until it feels safer.
Forgive us for mistaking delay for discernment.
Amen.

** we stand together as able*

Responding in Silence and Song

(we listen to words of God's assurance)

I will come to you in the silence, I will lift you from all your fear.
You will hear my voice, I claim you as my choice.
Be still and know I am here.

We sing God's words of assurance together:

Do not be afraid, I am with you. I have called you each by name.
Come and follow me, I will bring you home;
I love you and you are mine.

Receiving Grace

In Christ, your past does not define you, and your future is still open.
You are forgiven.
Thanks be to God.

We Hear the Word

Time of Discovery

Message

Dr. Craig Wansink

Free to Lose
Luke 9:57-62

We Respond in Humility

Meditating on Our Faith

The Choir

"Beginning Here"
by Nicholas White

Mission and Ministry of the Church

Offering Gratitude

What are you grateful not to be carrying anymore?

Please write this on a piece of paper, fold that paper, put it in the black basket in your pew.
These responses will be both read by the pastoral staff and prayed over.

Thank you for all of the ways you share your time, life, and finances
on behalf of the mission of this church family.

Prayers of the People and The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy name.
Thy kingdom come. Thy will be done, on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our debts as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For Thine is the kingdom and the power and the glory forever. Amen.

*Singing Our Faith Together

No. 742 "Will You Come and Follow Me"

Sung as a call and response:
Congregation sings verse one as a response to
God's questions (sung as solos)

We Depart in Joy

*Benediction

Go now—not clinging to what you might lose,
but trusting what you might gain.
May Christ free you from the life you've settled for. **Amen.**