

From Ashes to Action: A Lenten Journey

Join your Second family for pancakes, prayers, painting—and potatoes?

Let the Pancakes Roll

Shrove Tuesday: Dine In or Take Out

Tuesday, March 4, 4:30-6 p.m.

SPC fellowship hall

The term Mardi Gras is French for “Fat Tuesday.” It refers to the final night of eating rich, fatty foods before the ritual fasting of the Lenten season begins the next day, Ash Wednesday.

Many Christians have traditionally celebrated this day by eating pancakes—which is way tamer than what people experience in New Orleans.

On Tuesday, March 4, our “Feed My Sheep” volunteers—those who volunteer in our feeding ministry—will serve you pancakes, bacon, and syrup. Take-out and gluten-free options will be available.



An order email will arrive in your inbox the week before. Please make reservations by responding to it by noon March 4—Shrove Tuesday—with the desired number of meals and your estimated arrival time.

In lieu of a specific price, a donation will be welcome for Second’s “Feed My Sheep” outreach.

“Laissez le bon temps rouler”: Let the good times roll, and join us for some fun food and a meaningful tradition before we enter the season of Lent.

The Seven Symbols of Ash and a New Start A Family-Friendly Interactive Ash Wednesday Service

Wednesday, March 5, 6 p.m. soup & salad; 6:30 p.m. worship

Ash Wednesday is a smudge on the liturgical calendar reminding us that as we number our days, there will be an end to them.



Ash Wednesday is fundamentally not about focusing on your fallen nature or your eventual death. It is fixing your eyes on Jesus, remembering his promises, and thinking about the most important part of our life.

Our Ash Wednesday service begins at 6:30 p.m. If you have purple clothing, please wear it and join us for a tactile and family-friendly service, including imposition of ashes.

And if you’re able, gather with us before the service for a meal of soup and salad in the fellowship hall.

From the Senior Pastor

Memorizing Scripture as a Lenten Discipline

I wish more scripture rattled around in my head. Or better yet, I wish more scripture verses took up residence there, like supporting beams.

When things in my life go smash or askew, I like when thoughts come into my mind like “Be still and know that I am God.” Or “the Lord is my shepherd; I shall not want.” Or “rejoice in the Lord always, again I say rejoice.” I like to be reminded that “with God all things are possible.” I’m glad when I hear voices in my life that say “let your light shine” or “fear not, for I am with you.”

Lent is a time of spiritual renewal, a time to pause for 40 days—like Jesus did in the wilderness—and commit to strengthen ourselves to be the kind of people God wants us to be. And although that kind of language used to sound heavy-handed to me, increasingly I recognize that God wants me to be a certain way not because God can be a killjoy, but because my life is so much better and filled with more meaning when I follow God. As I’ve said during this last year, increasingly I have come to see the Bible like an undiscovered treasure that makes sense of life or as a “cheat code” for a video game that then makes sense of everything else.

Recently I saw a video of 4-year-old Tanner Hemness saying the alphabet. His dad said the letter “A,” and then Tanner responded with a Bible verse that began with the letter “A.” And then “B,” and so forth, all the way until “Z.” (*See sidebar.*)

Tanner was not a savant. The youth minister at their church challenged families to learn a Bible verse for every letter of the alphabet. As Tanner’s father says, “On Monday, we wrote the first verse on a chalkboard in our kitchen and started practicing with him. I’d run through it every day, and by Thursday, he had it. The following Monday, we did it again with “B,” but we also still made him recite A. So, by week five, he was doing A, B, C, D, and E every day. There were a few verses that took two weeks, thanks to difficulty or things like family travel. Altogether, it took about six months.”

The video is sweet, but as the father notes, “Some of the comments from people (which have poured in from around the world) have been less than positive. ‘Brainwashing’ gets thrown around a lot. But in my original post, I said that my prayer is to be the kind of dad who helps him learn what those verses mean. I understand right now, many of these words don’t resonate with him the way they would with an adult. But I have faith that God will turn them into much more, and his mother and I pray that we can help that along.”

Our faith need not be a crutch, but if it isn’t a foundation, we have reason to be concerned. What goes through our heads matters. If scripture is what is going through our minds, that’s a vital foundation.

I was impressed with this video of a 4-year-old boy who was doing something I want to do myself. That’s part of what’s prompting me to make sure that I learn at least one verse a week. I would love for you to join me on the journey of building a scriptural foundation in your life.

With blessings,
Pastor Craig

Ask and it will be given to you; seek and you will find (Matthew 7:7)

Be kind one to another (Ephesians 4:32)

Cast your cares on the Lord and He will sustain you (Psalm 55:22).

...**D**o not be anxious about anything (Philippians 4:6)

Every good and perfect gift is from above (James 1:17)

For it is by grace you have been saved, through faith (Ephesians 2:8)

God is our refuge and strength, an ever-present help in trouble (Psalm 46:1)

He alone is my rock and my salvation (Psalm 62:2).

I praise you because I am fearfully and wonderfully made (Psalm 1139:14)

Jesus Christ is the same yesterday and today and forever (Hebrews 13:8).

Know that the Lord is God. It is He who made us (Psalm 100:3).

Love the Lord your God with all your heart and with all your soul (Mark 12:30).

My soul finds rest in God alone; my salvation comes from him (Psalm 62:1)

Now faith is being sure of what we hope for and certain of what we do not see (Hebrews 11:1).

O God, you are my God, earnestly I seek you (Psalm 63:1).

Praise the Lord, O my soul; all my inmost being praise his Holy name (Psalm 103:1).

A **Q**uiet spirit....is of great worth in God’s sight (1 Peter 3:4).

Rejoice in the Lord always. I will say it again: rejoice! (Philippians 4:4)

Salvation belongs to our God, who sits on the throne (Revelation 7:10)

Trust in the Lord with all your heart and lean not on your own understanding (Proverbs 3:5).

Under his wings you will find refuge; his faithfulness will be your shield (Psalm 91:4).

Very truly I tell you, the one who believes has eternal life (John 6:47)

...**W**e are more than conquerors through him who loved us (Romans 8:37).

...**M**ay I never boast, **e**xcept in the cross of our Lord Jesus Christ (Galatians 6:14).

You are the light of the world (Matthew 5:14).
Zion hears and rejoices (Psalm 97:8).



Current Sermon Series

Heaven's Wind: The Spirit's Power to Disrupt and Renew

Through fire, wind, light, and the power to transform, the Holy Spirit calls us to step out in faith, release control, and embrace the Spirit's mysterious and empowering presence.

March 2 **Peace That Defies Logic: The Holy Spirit's Unseen Power** (John 14:8-27)

Lenten Sermon Series

The Scandal of the Cross: Why Jesus Offends

Our Lenten series explores how Jesus' life, teachings, and call to discipleship challenge our societal norms, personal priorities, and cultural values, making him both offensive and transformative in today's world. Each week focuses on a different aspect of Jesus' countercultural message.

March 9 **The Offense of the Wilderness: Trusting God in Temptation** (Luke 4:1-13)

March 16 **Offensive Inclusion: Eating with Sinners** (Luke 5:27-32)

March 23 **Offensive Love: Loving Your Enemies** (Matthew 5:43-48)

March 30 **Offensive Grace: Forgiving the Unforgivable** (Matthew 18:21-35)

April 6 **Offensive Power: Leading by Serving** (Mark 10:35-45)

April 13 **The Offensive King: The One That We Didn't Want** (Matthew 21:1-11)

April 20 **The Power—and the Offense—of the Resurrection** (John 20:1-18)



Adult Education

Between Pain and Praise: Exploring Life's Big Questions through Wisdom Literature

Sundays, 10 to 10:40 a.m., SPC fellowship hall



Delve into the profound questions and honest reflections found in the books of *Job*, *Ecclesiastes*, *Proverbs*, and *Psalms* that guide us through life's complexities—suffering, purpose, decision-making, and worship. Though each book offers a unique voice, they are united by a common pursuit: how to live faithfully and authentically before God in the midst of life's joys, sorrows, and uncertainties.

March 2 *When Life Falls Apart: Conversations with God in the Book of Job*

March 9 *Chasing the Wind: Is There Purpose Under the Sun?*

March 16 *The Path and the Pitfalls: Choosing Wisdom over Folly*

March 23 and March 30 *Songs of the Soul: Honest Prayers for Joy, Sorrow, and Praise in the Psalms*

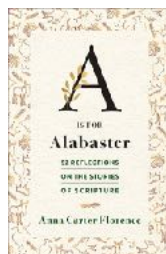


Children's Sunday School

SPY KIDS: Second Presbyterian Youth and Kids Investigating Divine Stories

Sundays, 10 to 10:40 a.m., youth room

Children and youth ages 5 to 14 are invited to join Ms. Jo and friends for fun, interactive stories and activities, snacks, and games as we follow clues, solve mysteries, and seek to explore the Bible and our faith in fun and engaging ways. To learn more, contact Ms. Jo in the church office.



Lunch and Learn

Wednesday Fellowship & Study

*Wednesdays, noon to 12:55 p.m.
SPC fellowship hall*

Take an hour out of your week, bring a bag lunch, and come for a meal, conversation, and Bible study as we focus on the New Testament through the lens of Anna Carter Florence's book "A Is for Alabaster: 52 Reflections on the Stories of Scripture."

Preparing Our Hearts for Worship

Nearly all music that is in print or recorded or has ever been sung or played in the history of humanity has some sort of order. From a simple childhood melody to the most complex symphonies, the sounds of voices and instruments replace the cacophonous noises of life and replace them with. . .order.



As an occasional composer, I am keenly aware of this phenomenon when I first look at a blank page or computer screen. At the beginning of a composition, there is nothing: only blank space where some ideas will hopefully take shape. In the background of a composer's imagination is the emotional, physical and actual "noise" that comes with experiencing life. That noise can be informative and instructive as the composer seeks to find ways to bring infinite musical options into some sort of meaningful order.

Whether composing music or simply living, the noise can be overwhelming.

Unwelcome and unanticipated grief can shake us to our core. The terrifying lack of control over events happening in the places where we live can open the gates to intense anxiety. There seem to be endless examples of areas in which we can feel things "spinning out of control."

Perhaps this is one reason music can serve as such a powerful tool of calming and centering. For whatever fleeting time it exists, a song or hymn or instrumental piece can somehow wipe away the fog of chaos and replace it with audible order. With a sense of meaning. Hope. Focus.

I've been amazed recently by the singers of the VSO Chorus as they've been tenaciously rehearsing a work called "Harmonium" which is, itself, disorienting. The usual tools of organization present in music do not exist in this work, and as a result, the singers must establish ways to *find* the order in the piece. The results as they do so are mesmerizing and beautiful. Finding order can be difficult, but when we respond to chaos by actively seeking order, we can begin to find calm in the midst of the storm.

You might notice that each week as we begin worship at SPC, there is a chiming of the bells to call attention to the start of worship. This signals that an extraordinary opportunity awaits us: to embrace an hour or so in the presence of God as a worshipping body. On those occasions that music—whether by the piano, organ, band, or choir—is employed to "Prepare our Hearts for Worship," we are presented with an opportunity: to still our conversation, our bodies, and the myriad thoughts that fill our minds when we arrive so we can enter a sacred space together. And when we accept this invitation to stillness individually, we also allow those around us to do the same.

Music is not employed in worship as background music (what I sometimes refer to as sonic wallpaper). While music might be pretty, familiar, exciting, excellent, or many other lovely things, its presence in worship is not in service to any of these descriptions. Music is an invitation that, if accepted, can help us bring order to the disarray that is the "noise" of our lives. And in so doing, it can help us calm our hearts and focus our spirits in ways that open to healing and understanding.

As the bells chime and we turn from happy fellowship with each other at the start of worship, may we join together to "tenaciously rehearse" the seeking of order and the presence of God, turning our attention collectively—and individually—to the presence of God in our midst.

There is so much music waiting to help lead us there together!

Peace,

Bob

Choir News

Welcome New Choir Members

Welcome to the four new members of our choir who joined our ministry in January! Sandy Toensing, John Leehman, Kevin Kittredge, and Jason Rogge have already enriched our happy choir community with their singing, their engagement, and their spirits. We'll always make room for you if you'd like to join our choir! To find out more, contact Director of Music Robert Shoup at robertshoup@mac.com.

Our Spiritual Journey

Lenten Meditations Coming to Your Email

In an effort to encourage at-home worship and devotionals during Lent, we're creating twice-a-week emails that will contain materials for your spiritual Lenten journey.

Wednesdays and Fridays were historically days identified for fasting in remembrance of the betrayal and crucifixion of Christ. While we don't formally engage in fasting as a congregation, its purpose is worth recognizing: to go without food so that we might earnestly seek God in prayer.

While literal fasting is not the purpose of these devotionals, their timing and purpose are an echo of this historical church practice. Let us turn away, for a time, from the attention of our weekly lives in earnest desire to seek God in prayer.



Serving Our Neighbors

Ways to Support St. Columba and LAUNCH in March



St. Columba Ecumenical Ministries, an SPC mission partner, is in need of casual winter clothes for its clients experiencing homelessness. For its food pantry, the following non-perishable items are especially needed: canned chicken, tuna, and other canned meat; peanut butter and jelly; dry milk and juice; and cereal.

Please mark your calendar for St. Columba's annual fundraiser, set for Saturday, June 7, at Bayside Presbyterian Church in Virginia Beach. If you have any handmade items to donate for the silent auction, please contact Alice Allen-Grimes.

LAUNCH, another SPC mission partner, will hold its monthly food distribution Thursday, March 20. It will be followed by the Feed My Sheep fellowship lunch after worship Sunday, March 23. See Joe Morgan for details or to help with either effort.

Triple S Circle

Outreach for March Meeting: CHKD's NICU Store

Tuesday, March 11, 10:30 a.m., SPC fellowship hall



**Children's Hospital of
The King's Daughters**

Pam Reed will present Triple S Circle's lesson for the March meeting, A Man Born Blind, based on John 9:1-12. All SPC women are welcome. Our outreach for the month is the NICU store at Children's Hospital of The King's Daughters. Cash donations and baby blankets are especially appreciated. When parents of a newborn with complex health issues take classes in caring for their child, they earn credits they can use at the NICU store for supplies they'll need when their baby is released to go home.

Church Activities & Events



Welcome to Watercolor

Saturday, March 15, 9:30 a.m. to noon, SPC fellowship hall

Learn the basics of painting with watercolor from an accomplished instructor of this ancient technique. You'll leave with a deeper appreciation of art, a sense of who you are as a creator, and your own artwork.

You need not know anything or bring any supplies. All materials are included—just show up!

Reservations are limited to 17 participants. If you're interested, please register early with Jo Kolb in the church office.

In addition to being an experienced watercolor teacher, Rev. Kim Crutchfield is a friend of Pastor Craig's and a retired United Methodist pastor. He served in the ministry for 46 years and spent 17 years living abroad as a missionary and international church pastor in Kenya, Tanzania, the Philippines and Taiwan.

Get Your Green On: SPC's SPC (St. Patrick's Celebration)

Sunday, March 16, noon, SPC fellowship hall

The first St. Patrick's Day Parade in the world was organized by Presbyterians from Ireland.

The first wave of Irish to the United States came in the 1700s, from Ulster in Northern Ireland. These Presbyterian men, known as the Irish Society of Boston, organized the first St. Patrick's Day parade in Boston in March 1737.

Tradition says that the Irish cross, also known as the Celtic cross, was designed by St. Patrick. The Celtic or Irish cross is a regular cross surrounded by a ring, which represents the endlessness of God's love. The cross in SPC's sanctuary is a Celtic cross.



So it is appropriate that we at SPC have an SPC (St. Patrick's Celebration). For fellowship time March 16, please bring either a green food or some kind of potato-based food to share. And don't forget your appetite.



Good Shepherd Will Host Faithful Neighbors Blood Drive

Sunday, March 23, 8 a.m. to noon, Episcopal Church of the Good Shepherd

The Episcopal Church of the Good Shepherd, our blood drive partner right across Hampton Boulevard, will hold a Faithful Neighbors Blood Drive the morning of Sunday, March 23.

Donors can sign up through redcrossblood.org. Before your appointment, be sure to eat a hearty breakfast, drink plenty of water, and bring your photo ID.

For help signing up, contact customercare@redcross.org or 855.210.1278.



Savor a Night Out with Your Second Family

Monday, March 24, 6 p.m.

This month, we'll switch up our February destinations. The men of SPC will meet at Oro Azteca Tex-Mex Cuisine, 8001 Hampton Blvd., Norfolk, for their monthly fellowship dinner. The women will meet nearby at Blue Ribbon Brews and BBQ, 8305 Hampton Blvd. These restaurants are close enough that couples can easily carpool. Let Jonathan Doyle or Lynn Ruehlmann know you're coming, and get set for a delightful evening.



Behind the News from Bethlehem to Jerusalem: A Look at 10 Kilometers of Sacred Spaces and Religious Conflicts

Wednesday, March 26, 6-7:15 PM, SPC fellowship hall



Sacred spaces are at the heart of religious devotion, and they're a key part of Lent. But in Bethlehem and Jerusalem, some of the most oldest and most sacred are at the center of unique religious conflicts, including the Church of the Holy Sepulchre, Temple Mount, and Western Wall.

Other conflicts involve the Haredi of Mea Shearim or, for instance, Palestinian Christians and the art of Banksy. Gather with us for dinner and a deeper look at Bethlehem and Jerusalem today, presented by Pastor Craig.

“We Feed People”: A Special Gathering for Mission and Discipleship

Sunday, March 30, 12:20 p.m., SPC fellowship hall

When there's flooding in North Carolina, fires in California, or wars overseas, World Central Kitchen races to the frontlines, providing meals in response to humanitarian, climate, and community crises. In 2022 film director Ron Howard produced a documentary, “We Feed People,” on the work of Chef José Andrés and the World Central Kitchen.

After worship Sunday, March 30, we'll have a simple meal of soup and bread, followed by a viewing of this documentary in the sanctuary. Please join us, bringing non-perishable food—which we'll donate to St. Columba, or monetary donations for our feeding ministry and outreach.

Andrés says that what drives his cooking passions and humanitarian efforts has always been his faith. “My faith has a lot to do with my life,” he said. “I was raised in a Catholic family that was always helping and feeding people. . . . As a little boy going to religious classes, I thought Jesus was so cool. He could do so much like make breakfast for fishermen. Jesus cooked it himself.”

Recently he spoke to the graduates (which included his youngest daughter) of Stone Ridge School of the Sacred Heart in Bethesda, Maryland: “Every one of you girls has something within you that can help the person next to you or your family or your community,” the world famous chef said. “You can feed the world, not just with food like me, but with what you know and with what you are good with.”

Please join us for an inspiring time together.



From the Missions and Outreach Committee

Sacrifice and Service: The Cost of Following Jesus

As we enter this season of Lent, Pastor Craig will be preaching on Jesus' call to his early followers. Jesus' invitation was simple, "Come, follow me." Those who did were transformed from who they were and what the world expected them to be into who God intended them to be. And who God intended them to be was very different from who they had been!



Lent points us to the cross, and the cross points us to the resurrection. As Jesus returned to the Father following His resurrection, He commanded His followers to "Go and make disciples of all nations." (Matthew 28:19). The word "disciple" simply means "follower." As Christians, that's us!

But Jesus' call to discipleship is far from a comfortable one. In fact, it can put us quite at odds with the world around us. When Jesus walked the earth, He constantly challenged societal norms and expectations, particularly when it came to how people viewed success. His ministry was not about accumulating wealth, influence, or power; instead, it was about surrender, sacrifice, and service.

In Mark 8:34-35, Jesus tells His followers, "If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it." These words invite us into a life of self-denial and radical obedience — choices that may not make sense to the world around us. In a culture that prizes self-promotion, success, and security, Jesus' call is a stark contrast.

And that contrast, shouldn't come as a surprise to us. Paul, in 1 Corinthians 1:18, writes, "For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God." The redeeming message of the cross, which speaks of self-sacrifice and unconditional love, is seen by many as foolishness. But it is this very message that transforms lives, communities, and nations.

Jesus' teachings often ran counter to the prevailing values and culture of His time (and, indeed, the prevailing values and culture of our time). Craig recently preached on the Beatitudes found in Matthew 5 from the Sermon on the Mount. In this sermon, Jesus turned the world's idea of success upside down. He blessed the poor in spirit, those who mourn, the meek, and those who hunger and thirst for righteousness — qualities that are undervalued in a society focused on comfort, power and prestige. The way of Jesus is not about earthly success but about spiritual transformation and humility.

SPC's commitment to missions, both locally and globally, is rooted in this call to follow Jesus wherever He leads, whether that's across the world to share the gospel or across the street to meet the spiritual or physical needs of the unsaved, the poor, the hungry. In Matthew 25:35-40, Jesus reminds us that when we serve the least of these — feeding the hungry, giving drink to the thirsty, welcoming the stranger — we are serving Him.

Through our missions' efforts, we reflect the heart of Jesus, who, though the King of Kings, came not to be served but to serve (Mark 10:45). Whether through our financial support for our missions' partners or our own hands-on ministry, we are living out the radical love and self-sacrifice that Jesus modeled. It's not always glamorous or easy, but it is eternally significant.

As we reflect on Jesus' ministry and teachings this Lent, let us remember that His call is not only about following Him in the comfort of our homes or church. It's a call to embrace the offensive nature of the gospel — living in a way that challenges the world's values and offering our lives in service to others. The call to discipleship isn't just about what we say; it's about how we live, love, and serve.

So, let us each consider how we might embody the gospel in both word and action. May we obey the call to live as Jesus did: sacrificially, humbly, and with a heart for those the world often overlooks. And if you feel God calling you to serve, whether by sharing your faith with others or by going overseas as a missionary, please reach out to us. We want to come alongside you in prayer and support, helping you fulfill the call on your life.

—Mark Erickson, Moderator, Missions and Outreach Committee



Save the Date

All-Church Retreat Set for October

October 3-5, 2025, Airfield 4-H Conference Center, Wakefield

Mark your calendar for this intergenerational retreat weekend. All are welcome and encouraged to attend. Look for a save-the-date postcard in your mailbox soon.



Events at Virginia Wesleyan University

Sponsored by the Robert Nusbaum Center

Dr. Craig Wansink, Director

All events are free and open to the public.

The Weaponizing of Religious Identity in Contemporary American Politics

Tuesday, March 11, 12-12:50 p.m., Brock Commons

In his prescient book "Faith, Nationalism, and the Future of Liberal Democracy," David Elcott of NYU highlights how religious identity has been used and weaponized by political movements. His presentation also will explore how religion can constructively shape positive religious involvement in civic affairs.

The Grand Collaboration:

Thomas Jefferson, James Madison, and the Invention of Religious Freedom

Thursday, March 13, 12-12:50 p.m., Brock Commons

Thomas Jefferson, "Father of the Declaration of Independence," and James Madison, "Father of the Constitution," shared a 50-year partnership rooted in mutual respect, deep intellectual affection, and a commitment to shaping American identity. Both prioritized religious freedom, linking it to the broader ideal of free inquiry. Author Steven Green presents on this collaboration, which led to freedom of conscience and the separation of church and state.

Defining Womanhood: 75 Years of "The Second Sex" and Its Impact Across Disciplines

Thursday, March 27, 12-12:50 p.m., Blocker Auditorium

At the 75th anniversary of Simone de Beauvoir's groundbreaking work, "The Second Sex" four VWU professors—from psychology, sociology, gender studies, and political science—examine the book's influence across disciplines during the last three-quarters of a century.



Norfolk Street Choir packs Hampton church

On a cold and rainy February afternoon, more than 180 people made their way to Hampton Baptist Church to sing along with and be inspired by the Norfolk Street Choir. Led by SPC's Director of Music Robert Shoup and accompanied by the SPC worship band, the choir is one facet of the Norfolk Street Choir Project. This SPC mission partner provides a safe and nurturing environment that inspires and supports people affected by homelessness through expressive arts and critical services. The organization hosts community sings to raise awareness of growing issue of homelessness in Hampton Roads.



SPC March Calendar

Saturday, March 1

No activities

Sunday, March 2

Nathan Besso's Birthday

The office is open 9:30AM to 12:30PM

Adult Sunday School: 10AM [FH]

Children's Sunday School: 10AM [Upstairs]

Worship: 11AM [Sanctuary/webcast]

Fellowship Time: Noon [FH]

Monday, March 3

No activities

Tuesday, March 4

Kathy Stark's Birthday

The office is open 10:30AM to 1:30PM

Shrove Tuesday Pancake Supper: 4:30-6PM

[To-go or FH]

Ash Wednesday, March 5

The office is open 10:30AM to 1:30PM

Men's Bible Study: 6:30AM [FH]

Lunch & Learn Bible Study: Noon [FH]

Ash Wednesday Supper: 6PM [FH]

Ash Wednesday Worship: 6:30PM

[Sanctuary]

Choir Rehearsal: 7:30PM [Sanctuary]

Thursday, March 6

The office is open 10:30AM to 1:30PM

Essentrics Exercise: 1PM [Zoom & FH]

Friday, March 7

Men's Breakfast: 7AM [FH]

Saturday, March 8

No activities

Sunday, March 9

The office is open 9:30AM to 12:30PM

Choir Rehearsal: 9 AM [Sanctuary]

Adult Sunday School: 10AM [FH]

Children's Sunday School: 10AM [Upstairs]

Worship: 11AM [Sanctuary/webcast]

Fellowship Time: Noon [FH]

Monday, March 10

No activities

Tuesday, March 11

The office is open 10:30AM to 1:30PM

Essentrics Exercise: 1PM [Zoom & FH]

Triple S Circle Meeting: 10:30 AM [FH]

The Weaponizing of Religious Identity in

Contemporary American Politics: Noon [VWU]

Wednesday, March 12

Jake Kerr's Birthday

The office is open 10:30AM to 1:30PM

Men's Bible Study: 6:30AM [FH]

Lunch & Learn Bible Study: Noon [FH]

Thursday, March 13

Judy Tressel's Birthday

The office is open 10:30AM to 1:30PM

The Grand Collaboration: Thomas Jefferson,

James Madison, & the Invention of

Religious Freedom: Noon [VWU]

Essentrics Exercise: 1PM [Zoom & FH]

Friday, March 14

Men's Breakfast: 7AM [FH]

Saturday, March 15

Welcome to Watercolor: 9:30AM [FH]

Sunday, March 16

The office is open 9:30AM to 12:30PM

Worship Band Rehearsal: 9:30AM

[Sanctuary]

Adult Sunday School: 10AM [FH]

Children's Sunday School: 10AM [Upstairs]

Worship: 11AM [Sanctuary/webcast]

SPC's St. Patrick's Celebration Fellowship:

Noon [FH]

Monday, March 17

Linda Norman's, Jillian Todd's & Chris

Voter's Birthdays

No activities

Tuesday, March 18

Ireland Courtois' & Larry Hull's Birthdays

The office is open 10:30AM to 1:30PM

Essentrics Exercise: 1PM [Zoom & FH]

Session Meeting: 6PM [FH]

Wednesday, March 19

The office is open 10:30AM to 1:30PM

Men's Bible Study: 6:30AM [FH]

Lunch & Learn Bible Study: Noon [FH]

Choir Rehearsal: 7:30PM [Sanctuary]

Thursday, March 20

The office is open 10:30AM to 1:30PM

LAUNCH Distribution: Various times and

activities [See Joe Morgan]

Essentrics Exercise: 1PM [Zoom & FH]

Friday, March 21

Men's Breakfast: 7AM [FH]

Saturday, March 22

No activities

Sunday, March 23

The office is open 9:30AM to 12:30PM

Choir Rehearsal: 9AM [Sanctuary]

Adult Sunday School: 10AM [FH]

Children's Sunday School: 10AM [Upstairs]

Worship: 11AM [Sanctuary/webcast]

Feed My Sheep Fellowship Lunch: Noon [FH]

Monday, March 24

Wayne Parks' Birthday

Fellowship Dinners: 6PM [men at Oro-

Azteca; women at Blue Ribbon Brews & BBQ]

Tuesday, March 25

Nancy Rowland's & Nate Siemering's Birthdays

The office is open 10:30AM to 1:30PM

Essentrics Exercise: 1PM [Zoom & FH]

Wednesday, March 26

Mark Erickson's & Sandy Simmermon's Birthdays

The office is open 10:30AM to 1:30PM

Men's Bible Study: 6:30AM [FH]

Lunch & Learn Bible Study: Noon [FH]

Dinner & Behind the News from Bethlehem to Jerusalem: 6PM [FH]

Thursday, March 27

The office is open 10:30AM to 1:30PM

Defining Womanhood: 75 Years of "The Second Sex": Noon [VWU]

Essentrics Exercise: 1PM [Zoom & FH]

Friday, March 28

Men's Breakfast: 7AM [FH]

Saturday, March 29

No activities

Sunday, March 30

Eliza Matheson's, Phillip Ndahi's & Bill Reed's Birthdays

The office is open 9:30AM to 12:30PM

Adult Sunday School: 10AM [FH]

Children's Sunday School: 10AM [Upstairs]

Worship: 11AM [Sanctuary/webcast]

Fellowship Time: Noon [FH]

"We Feed People" Documentary: 12:20PM [FH]

Monday, March 31

John Eley's Birthday

No activities

FH = SPC fellowship hall



About Second Presbyterian Church

7305 Hampton Blvd., Norfolk, VA 23505 | 757.423.2822 | spcnorfolk.org | facebook.com/secondpresbyteriannorfolk
Office hours: Tuesdays, Wednesdays, and Thursdays 10:30 a.m. to 1:30 p.m.; Sundays 9:30 a.m. to 12:30 p.m

- Dr. Craig Wansink, Senior Pastor: 757.412.7467, cwansink@vwu.edu
- Rev. Catherine Hart Monroe, Covenant Associate Pastor: 757.287.9897, revcat@spcnorfolk.org
- Rev. Nancy Rowland, Parish Associate: 302.354.5880, rowlandnancy73@gmail.com
- Robert Shoup, Director of Music: 757.739.9444, robertshoup@mac.com
- Jo Ridout Kolb, Director of Administration & Family Ministry: 757.406.0879, jokolb@spcnorfolk.org
- Tom Libbey, Facilities Manager; Joe Morgan, Maintenance Specialist; Barbara Watson, Housekeeper & Host